

ESSENTIAL GEAR LIST

THINGS TO REMEMBER WHEN PLANNING A SNOWSHOE TRIP:

- New to snowshoeing? Start with established trail systems or familiar routes.
- On shared cross-country trails, observe trail etiquette and don't step in groomed tracks.
- Check the weather and snow/avalanche conditions before you leave.
- Judge your fitness level honestly (and those of others, if traveling in a group).
- Take a few minutes at the start of your hike to get used to your gear.
- Know backcountry safety basics.

ESSENTIAL GEAR

- Map
- Compass
- Headlamp or Flashlight
- Extra Food and Water
- Sunglasses and Sunscreen
- First Aid Kit
- Pocket Knife
- Snowshoes
- Poles
- Daypack

OPTIONAL SAFETY GEAR

- Space Blanket
- Whistle
- Shovel, Probe, Avalanche Beacon (when applicable)
- Hand Warmers
- Waterproof Matches and/or Lighter
- Firestarter

WHAT TO WEAR

- Baselayer Top/Bottom
- Midlayer Top
- Outerlayer Top/Bottom
- Socks
- Boots
- Gloves
- Hat
- Gaiters (optional)

NICE TO BRING ALONG

- Camera
- Thermos of Warm Tea/Hot Chocolate
- Extra Hat
- Goggles